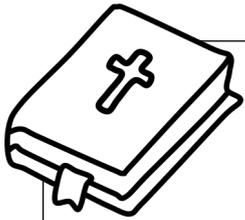


Kids @ HOME

sml poole

Today we are looking at Patience. Here are some activities you could do as a family. Begin with the story and then do as many or as few as you like.



BIBLE PASSAGE

Genesis 18:1-15 & 21:1-6

Read the story together—choose a Bible translation or children’s story version that best suits your family.

You could also watch this video:

<https://www.youtube.com/watch?v=VrGkO8TOFck>

Saddleback Video – Sarah Laughs

BIG QUESTIONS

Do you find being patient easy?

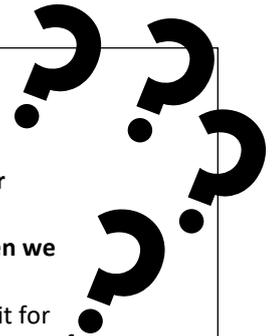
What does it feel like when you have to wait for something you are excited for?

Why do we sometimes have to wait for things when we ask God?

Waiting can be really tricky! It can be so hard to wait for things when we are excited, like when you get a cake out of the oven but you have to wait for it to cool down before you eat it! It can be so hard to be patient! It can be so hard to wait when we ask God for help, but he knows the perfect time to answer our prayers and deliver on his promises!

As we have heard in our story God promised Abraham and Sarah a baby, but because they were old they just laughed and didn’t believe his promise! But of course as we all know, God always keeps his promises! So after 25 years of waiting..... Yes 25 years! Sarah finally gave birth to a son named Isaac.

Abraham and Sarah had to wait such a long time for God’s promise to come true, but as we can see in so many different stories in the bible we can always trust God when he makes a promise!



PRAYER

Dear God,

Thank you that we can trust all of your promises, we pray that, as our bible passage shows us, we will be able to have the patience to wait and trust in the promises that you make. We thank you that you are always faithful to us and that everything you do is for our good, even when it is sometimes difficult to spot!

We pray this all in the name of Jesus

Amen.



Activity

Plant a Seed

One of the best things ever is watching a seed that you have planted grow up tall. Have you ever planted something before? Maybe a lovely tall sunflower in your garden, maybe some ever so yummy cress in some cotton wool on your windowsill?

The thing about planting seeds is it take patience for your seed to grow, it doesn't happen over night

So why do you have a go at growing a seed, This could be a flower or some vegetables or herbs. It takes patience to wait for it to grow but the end result is amazing!



SOCIAL MEDIA



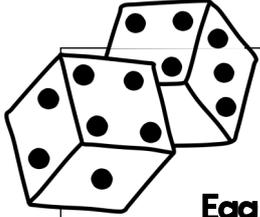


MEMORY VERSE

Genesis 21:1

The Lord kept His word and did for Sarah exactly what he had promised.

Try to learn this verse together. You could come up with some actions to help you remember it or decorate the verse on a piece of paper or card together, and then put it up somewhere to remind you of it through the week. You could write each word on a separate piece of paper (use scrap paper or old envelopes) mix them all up then try and put them in to correct order.



GAME

Egg and spoon race

For this game you will need:

Egg, Spoon and some space to race!

Other acceptable egg replacements include but are not limited to:

Grapes, apples, watermelons, plums and pineapples!

Aim:

To carry an egg on a spoon from one point to another with dropping it!

How to play:

Place your egg on your spoon, then try and walk from one end of your garden to the other! If you don't have a garden available you could also use the pavement outside, the beach or anywhere with a wipe clean floor!

You'll need patience and steady hand to make sure you don't drop the egg!

Make sure you ask a grownups permission first though; eggs can be messy!!



FAMILY WORSHIP

All Through History — Nick & Becky Drake

<https://www.youtube.com/watch?v=hQS2HHayr38>

Worship together as a family, this could be doing the actions together (if you don't Have any actions, you could make new ones up as a family, or ask the children to teach you the actions they might know) or listen to the song and chat about what it means to you, dance around the room together, sing loudly, sing softly.

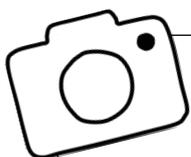
LINK THE STORY

One of my favourite stories that helps us to understand patience, is the story of Joseph.

When Joseph was young, God made him a promise that his brothers would bow down to him, that didn't happen for almost 35 years! That is a long time to wait!

Have a little read of the story of Joseph to remind yourself of what it says, you can find it in Genesis 37 or maybe you have a favourite version in your bible

Abraham and Sarah had to be so patient waiting for God's promise to come true, as did Joseph and sometimes we might pray for something that doesn't happen right away. That doesn't mean it won't happen it just means God is waiting for the perfect moment! He may also not give us exactly what we ask for, but he will always give us exactly what we need!



SNAPSHOT

Take a photo or video of something you have done this week and send it into us. Let us know if you are happy for us to share it.

children@smlpoole.org.uk or share on Facebook, Instagram or Twitter

CREATIVE PRAYER

Promises through the bible. As a family have a look through the bible and see how many promises you can find. Sometimes when I am waiting for something and find it hard it helps me to remember all the promises God has made. Write the ones that you find on cards and put them in a box, you can read these when ever you need.

Here is one to get you started:

The Lord is good. His love continues forever.
His loyalty continues from now on.

Psalms 100:5

