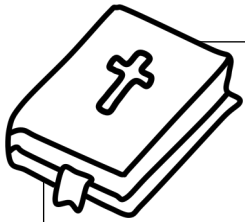


# Kids @ HOME

sml poole

Today Andy is speaking on The Calming of the Storm. Here are some activities you could do as a family. Begin with the story and then do as many or as few as you like.



## BIBLE PASSAGE

Matthew 14: 22-34

Read the story together—choose a Bible translation or children's story version which best suits your Family.

You can also watch the story here:

<https://www.youtube.com/watch?v=uYLHqdSO9OY>

Jesus Calms the Storm—Saddleback Kids

## BIG QUESTIONS

What are some of the things you find scary?

Who was scared in the story?

What were they scared of?

Who was with the disciples in the boat?

The disciples were scared of the storm, but Jesus was with them. When the disciples called out to Jesus, He heard them and kept them safe. We are living in scary times, but Jesus hears all of our prayers and even when things seem scary, we can know that Jesus is with us and in control.

Grown ups, can you tell the children about a time when you were scared, but God was with you?

## PRAYER

Dear God,

Thank you for the story of Jesus calming the storm which reminds us how **BIG** and **POWERFUL** you are.

Thank you that you are with us in the scary times and that you always hear our prayers.

We pray for those in the world who are scared at the moment; that they would know You and Your peace.

Amen

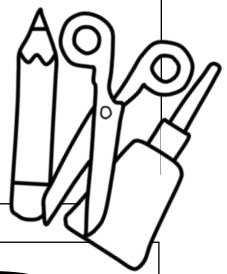
## Activity

You will need: paper, a large bowl/bath of water

Make your own origami boat together, you might want to make some paper figures to go in it as well. Float the boat in a bath, sink or bowl of water.

Encourage your children to help re-tell the story, they can make the storm by splashing the water or blowing hard at the boat.

They will need to listen out carefully for the bit in the story when Jesus tells the water to be still and stop the storm.



## SOCIAL MEDIA



Mary Kidmin



@SMLKids



@SMLKids

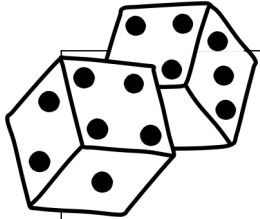


## MEMORY VERSE

Psalm 56:3

**"when I am afraid, I will trust in you."**

Try to learn this verse together. You could come up with some actions to help you remember it or decorate the verse on a piece of paper or card together, and then put it up somewhere to remind you of it through the week. You could write each word on a separate piece of paper (use scrap paper or old envelopes) mix them all up then try and put them in to correct order.



## GAME

### 'Running Water'

**For this game you will need:**

H<sub>2</sub>O in liquid form

2 water holding devices (we suggest a couple of washing up bowls or buckets)

Water transportation systems (a spoon does the job nicely)

A non-carpeted floor (or the garden will do depending on how competitive you are)

Some towels (for when the water miraculously escapes the bowl and ends up on you or the floor)

#### **Aim:**

Each person or team has 2 minutes to get as much water from one bucket to the other as they can

#### **To Play:**

Put each bucket a few meters apart (depending on how much space you have).

Fill one with water and leave the other empty

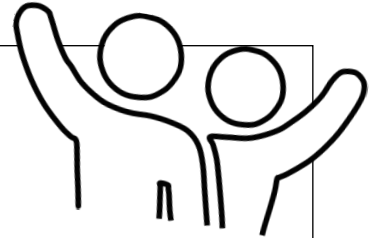
Take it in turns to race to see how much water you can move from one to the other using only a spoon or other family approved water transportation system

The person/team (if there are a lot of you) who moved the most water in the time, wins!

## FAMILY WORSHIP

My Lighthouse—Rend Collective

Put My Lighthouse on and worship together as a family, this could be doing the actions together (if you don't know the ones we do you could make new ones up as a family, or ask the children to teach you our actions) or listen to the song and chat about what it means to you, dance around the room together, sing loudly, sing softly.



## HELPING OLDER CHILDREN

Older children might be asking why God would allow the current virus to hurt people in the world. The Bible tells us that we live in a fallen world, that God did not intend for it to be like this. We might not always be able to see God in our circumstances, but He promises that He will never abandon us, He is always with us.

#### **Encourage Older children to...**

**Keep praying** – God always hears our prayers even if we don't see Him answer them straight away.

Psalm 116 v 1

**Keep trusting** - God has good plans for us and there is always hope.

Jeremiah 29 v 11

**Keep showing love** – God can use us to encourage and bless others in difficult times.

John 15 v 12



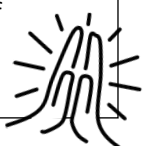
## SNAPSHOT

Take a photo of your family's best 'storm scene' and send it into us. Let us know if you are happy for us to share it.

children@smlpoole.org.uk or share on Facebook, Instagram or twitter

## CREATIVE PRAYER

Look around the house and find items that remind you of people you know including family, friends and teachers. Pray for the people they remind you of.



**This Sunday 22nd March, Christians from all over the country will be lighting a candle and putting it in their window at 7pm.**

**Why don't you colour in this picture and put it up in your window? Pray together as a family for our world and that everyone would be able to find joy and peace.**

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