

Over the next few weeks we will be looking at Promise, Purpose, Power and Present in the run up to Pentecost. Today we look at Promise. Here are some activities you could do as a family. Begin with the story and then do as many or as few as you like.



# BIBLE PASSAGE

John 14:15-27

Read the story together—choose a Bible translation or children's story version that best suits your family.

You can also watch the story here:

https://www.youtube.com/watch? v=SigoALSS1R8

The Last Supper—Saddleback Kids

# PRAYER

Dear God,

Thank you for your promise that you will always be with us through your Holy Spirit. Thank you that in everything we do we know that you are helping us. I pray that we will remember that we will remember to share our worries and challenges with you and follow the way your spirit is pointing us.

We pray all of this in the name of Jesus

Amen

## **BIG QUESTIONS**

If you were going on an adventure and you could only take one thing with you (apart from clothes, shoes, food and water as you have them), what would you take and why?

### What might the word 'advocate' mean?

Our Bible passage today happens during the last supper, the meal that Jesus ate with his disciples just before he got arrested in the Easter story. Jesus knows what is coming, that he is going to die, come back to life, and then go to be with his father in Heaven. Jesus also knows that he's going to send out his disciples to do a job (we'll think about that next week) and this job isn't going to be easy, it'll be like an adventure with ups and downs. The disciples are going to face people who don't like them and they're going to need help! So Jesus promises that he's going to send the Holy Spirit, the advocate. An advocate is someone who comes alongside and helps us and fights for us. For the disciples, this would be the Holy Spirit. The Holy Spirit would bring peace for the disciples when they are scared on this journey, and truth when they don't know what to do. And He would help them every step of the way.

# **Activity**

Pop a bit of worship on that you love to listen too!

Grab yourself some paper, pens, paint (basically anything you can be arty and creative with).

And then chat with God and draw, it's as simple as that! Try listening to God as you create, if you feel like God is showing you something to draw or make give it a try, if you can't hear him speaking that is Ok! Just draw or make yourself an amazingly creative picture!

# **SOCIAL MEDIA**



SML Kids



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## **MEMORY VERSE**

### John 14:16

'I will ask the Father, and he will give you another Helper. He will give you this Helper to be with you forever.'

Try to learn this verse together. You could come up with some actions to help you remember it or decorate the verse on a piece of paper or card together, and then put it up somewhere to remind you of it through the week. You could write each word on a separate peace of paper (use scrap paper or old envelopes) mix them all up then try and put them in to correct order.



### **GAME**

### **Book Ball Race**

For this game you will need:

Book bats (hardback is best!)

Bounceable ball (a ball of paper will do fine)

People in pairs as if you are ready to compete in Wimbledon Doubles Championship

#### Aim:

To bounce a ball from a start line, to a finish line, in your pairs

### How to play:

Give each person a book bat and a bounceable ball per pair of people

Once you have agreed on a course (can be as easy or as complicated, as short or as long as you would like), stand on the start line in your pair facing one another

Your task is to get yourselves, your book bats and your bounceable ball, to the finish line as quickly as possible (you must not leave anything behind!) – the twist though, you have to hit the ball between yourselves whilst you do it

If the ball falls to the floor, stop, pick it up and go again!

Once the first pair has gone, then the other pairs should go and try to beat their time

# **SNAPSHOT**

Take a photo or video of your boat dens and send it into us. Let us know if you are happy for us to share it.

children@smlpoole.org.uk or share on Facebook, Instagram or Twitter

## FAMILY WORSHIP

You Make Me Brave—Amanda Cook

https://www.youtube.com/watch?v=H8F3I05ZXW0

Worship together as a family, this could be doing the actions together (if you don't Have any actions, you could make new ones up as a family, or ask the children to teach you the actions they might know) or listen to the song and chat about what it means to you, dance around the room together, sing loudly, sing softly.

## LINK THE STORY

As we heard in our bible passage from John 14 today, Jesus promises that his Holy Spirit will always be with us. In one version of the bible the Holy Spirit is described as a helper who will be with us FOREVER! How amazing is that! Not just for a week, a year or even 10 years! FOREVER!

The Holy Spirit has been around since God first created the Universe! In Genesis it says that God's spirit hovered over the water! This was before everything, the Sun, the moon and stars, animals, and plants and even your Grandparents! That is a long time! There are so many times through the Old Testament where the Holy Spirit helps people. It says in a book called Samuel that the power of God's spirit entered David (the guy who killed Goliath) and stayed with him FOREVER!

Some of you eagle eyed young bible experts may have noticed that God gave David his Holy spirit to help him complete the Job he had given him. Well do you know what is amazing for you and me? Because Jesus promised the disciples that his spirit would all be with us over 2000 years ago. It means that it has always been with us! God does not need to give it to us again because we have had it all this time.

I KNOW.... IT'S MINDBLOWING RIGHT!

So, try and remember as you go about your days, the Holy Spirit is always with you, he is your secret weapon that always wants to help!

# **CREATIVE PRAYER**

It is really good to remember the promises that God says about us. Did you know there are just under 7,500 promises that God makes to people in the Bible? And He has kept every single one of them! It's often good to be reminded of God's promises for us, especially when we're not feeling happy. In your family, cut up some pieces of paper (or use post-it notes if you have them). Take a few each. On one side, write how you are feeling, or something that is going on. Pray about it and give it over to God. Then flip the pieces of paper over. On the other side, write something that God promises which answers and helps with how you feel. You may need to look some promises up online. Then thank God for what He promises and that He always keeps them.